



# V&P Bulletin

## February 2025

“Being surrounded by such an inspiring group of people with learning disabilities, and their staff team, reminds me why I became a Learning Disability nurse, and why I love doing the job that I do.”  
Jo Hollier Community LD Nurse

The group have had a really busy few months. The first Safe Space Health Café was held at Southwell. The café was supported by Learning disability professionals Jo, Marie and Keira.



✉ safespace@reachuk.org



Laila and Isobel are the ambassadors for this project. They are involved with the planning process and running of the cafes.

The next Café is at Mansfield Reach,  
25th March 1 - 3pm.  
on Men's and Women's Health.

Clive Parry from ARC - The ASSOCIATION for REAL CHANGE visited the group in February to talk about the easy read document created about - Stop The Over Medication of People with Learning Disability.



There were lots of questions and discussion around the topic.

LEARNING DISABILITY STAFF TRAINING - Dani Noquet (Reach Care manager) ran through the Learning disability training that some of the V&P volunteers had created resources and videos clips for. Exciting as the training will be launched in the next few months.



The new volunteers have been busy on the Saturday sessions getting involved with new projects

# Thank you!

Chelsea interviewed for a role on the NHS Learning disability and Autism advisory group and got the role - WELL DONE Chelsea. Chelsea has already participated in the NHS 10 year plan discussing how the health service can be improved. Her next online meeting is around improving Adults community experience.



A BIG thank you to Adrian, Pati, Dani and Tracey for giving up their Saturdays to support the sessions.

The Voice & Participation volunteers have attended 17 Saturday Sessions