

# Reach Update

reach

Please do accept our apologies if we are writing to you at a difficult time, but we felt that our supporters would want to know about our crisis response and have the opportunity to get involved. We do appreciate that this may not be appropriate for everyone right now.

## Coronavirus crisis - our response

We have been working hard responding to the changing needs of our clients and have come up with flexible ways of working.

Many of the people we support are feeling worried because of the sudden loss of their social contacts and routine. Our expert team have quickly responded to the crisis and are developing new ways to provide practical support.

Here is a taster of what we've been up to to help clients and family carers adjust and stay safe and well:

- Delivering 'wellbeing packages' full of learning activities and practical advice
- Weekly welfare telephone calls with clients and families to identify concerns and help find practical solutions
- Rolling out online learning and social activities using digital technology and helping people get online safely.

Our centres are closed but we are still working.  
Here are some of the things we are doing:

reach



Making packs and newsletters



Delivering packs and supplies in our new red van



Calling people to make sure they are ok



Doing online courses and activities

Clients have been enjoying their wellbeing packs at home and socialising with friends via zoom sessions.



Visit our Crisis Response page <https://reachuk.org/about/crisis-response-updates/> to find out more

## 2.6 Challenge

From Sunday 26th April

Could you take on a 2.6 challenge for Reach?  
2.6 minute plank...  
26 laps of your garden...

The possibilities are endless, all that we ask is that you stay safe and comply with the Government Guidelines.

All you need to do is :

1. Think of a challenge
2. Click <https://twopointsixchallenge.justgiving.com/get-involved?charityId=127342> to create a fundraising page for Reach linked to the campaign
3. Share your fundraising page with all your friends and family (don't forget to tell us too)
4. Take pictures or video of you completing your challenge to share if you like.



Head over to our website to fill in a keeping in touch form to find out about our work. You can change your preference at any time by re submitting this form or contacting sarah.cobb@reachuk.org <https://reachuk.org/opt-in/>

## Reach Coronavirus Crisis Appeal

**“For a charity whose ethos is about bringing people together, closing our centres is heartbreaking.”**

Thanks to donations to our appeal we can continue to provide the much needed support to our clients to help them feel connected and supported. Read more on our campaign page <https://reachuk.org/fundraising/reach-crisis-appeal/>.

**Donate to the Reach Crisis Appeal**



## Quirky Quiz goes digital!

**Friday 15th May 7.00pm**  
Family friendly online quiz. Raise money for Reach and have lots of fun in the process!

Contact [sarah.cobb@reachuk.org](mailto:sarah.cobb@reachuk.org) to enter. More details available on social media in the next few days.



Join us at 8pm every Thursday to clap from your front door in support of everyone working on the front line in health and social care, including our Reach Care colleagues.



Thank you for your continued support